Polona Sepe - Ambikananda

Ambikananda, film director and screenwriter by profession, has dedicated her life to study of Tantra and esoterics, and has been running Kriya Tantra Yoga Mystery School for more than 20 years. She is initiated into traditional Tantric practices, Kriya Yoga and Western esoteric schools.

TANTRA - She owes her understanding of Tantra to her guru Swami Anandakapila Saraswati (dr. Jonn Mumford) who's bestselling book
Ecstasy Through Tantra
was among the very first books in 1970s to introduce Westerners to traditional, left-hand Tantra from the perspective of an initiate. He initiated Ambikananda into Tantric Kriyas, Tantric Mantra Sadhanas, Kali worship, Tattwa Shuddhi, and other advanced tantric meditations. She also studied Ank Jyotish with him in India, and still visits him twice a year in Sydney for private studies. She dedicated her esoteric school to preserving his legacy.

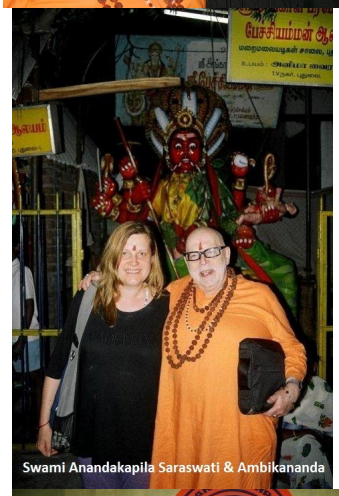
Ambikananda received Nama Darshana from his Gurubhai Swami Umeshanand Saraswati (Mark A. Michaels) who was named a lineage holder of Swami Anandakapila Saraswati. He and Devi Veenanad (Patricia Johnson) were invited twice as guest teachers to the Kriya Tantra Yoga School. On this occasion Swami Umeshanand authorised Ambikananda for initiations into Naga Pranayama Kriya (Cobra Breath) and she is very grateful to both of them for their support.

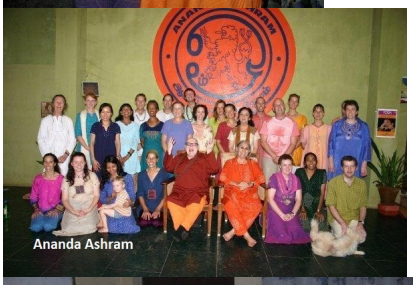
Dr. Robert Svoboda was the second most important influence for Ambikananda. They have met only few times, but his gifts were priceless and his influence profound.

She began her studies with Taoist tantric practices in the late 1980s with Mantak Chia. She completed teacher's training for Ipsalu Tantra with Bodhi Avinasha, and continued studies with Sunyata Saraswati who has authorised her to teach Tantric Spiritual Rebirthing (Tantric Chakra Re-balancing). Bodhi and Sunyata are authors of the book Jewel in the Lotus . In 2002, she was initiated into Kalachakra by the Dalai Lama in Graz. She keeps studying regularly in India; she was initiated into Kaula Tantra and Kamakhya worship by Shri Kapalik Mahakaal Bhairavanand Saraswati . Naga Baba and aghori Satyanand Giri initiated her into Kundalini practices.

WESTERN ESOTERICS – she set on her path in the 1980s as a member of LUXOR Mystery School of Aristid Havliček – Tili and his Spiritual Family. At that time, Benjamin Creme initiated her into personal esoteric meditation and she was also initiated a deaconess in the Liberal Catholic Church . When LKC in Slovenia joined Youngrite , she completed the training and initiation process to become authorised celebrant of LKC . She founded the CIRCLE OF ISIS, which operates within the LKC Slovenia.. Polona Sepe is currently a member of two Western esoteric schools, and leads her own esoteric lodge.

Ambikananda & Swami Ananadakapila Saraswati


Swami Anandakapila Saraswati & Ambikananda


Ananda Ashram

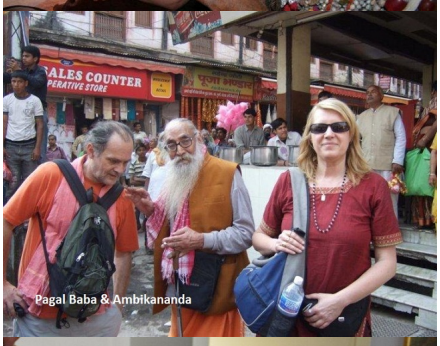
Shri Kapalik Mahakaal Bhairavanand Saraswati & Ambikananda

Ambikananda & Satyanand Giri

Varanasi

Pondicherry

KRIJA TANTRA JOGA na Kumbha Mela 2010


Pagal Baba & Ambikananda

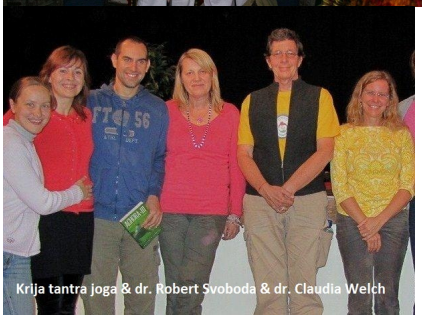
Ambikananda & Swami Anandakapila Saraswati

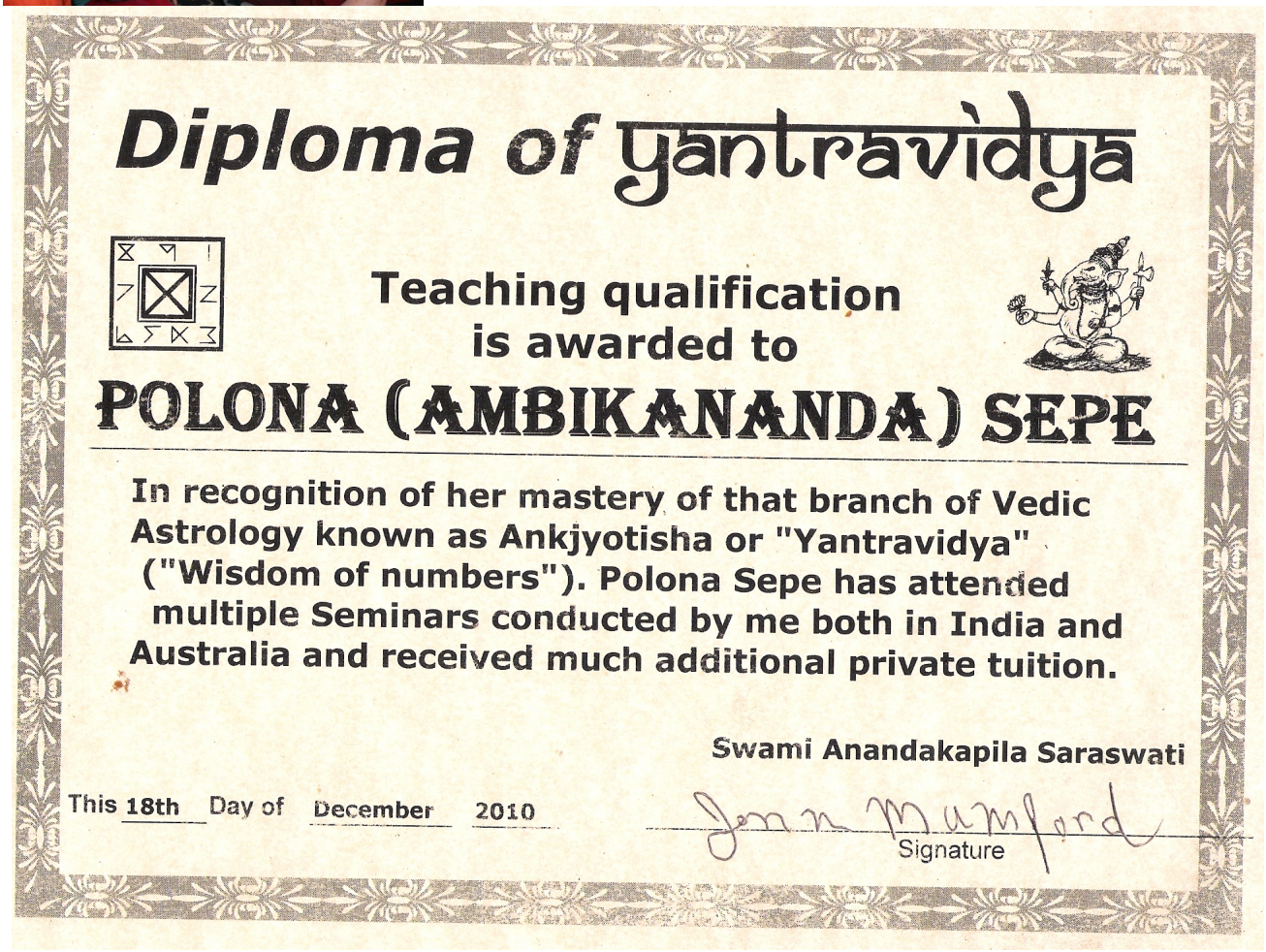
Satyanand Giri & Ambikananda

Z Babo v Augarnath Takiyi

Ambikananda & Shri Kapalik MahaKaal Bhairawanand Saraswati

Ambikanandа & Tor & KaliMa


Krija tantra joga & dr. Robert Svoboda & dr. Claudia Welch



Diploma of Yantravidya

Teaching qualification
is awarded to

POLONA (AMBIKANANDA) SEPE

In recognition of her mastery of that branch of Vedic Astrology known as Ankjyotisha or "Yantravidya" ("Wisdom of numbers"). Polona Sepe has attended multiple Seminars conducted by me both in India and Australia and received much additional private tuition.

Swami Anandakapila Saraswati

This 18th Day of December 2010

Signature

Certificate of Completion

Om Kara Kriya®

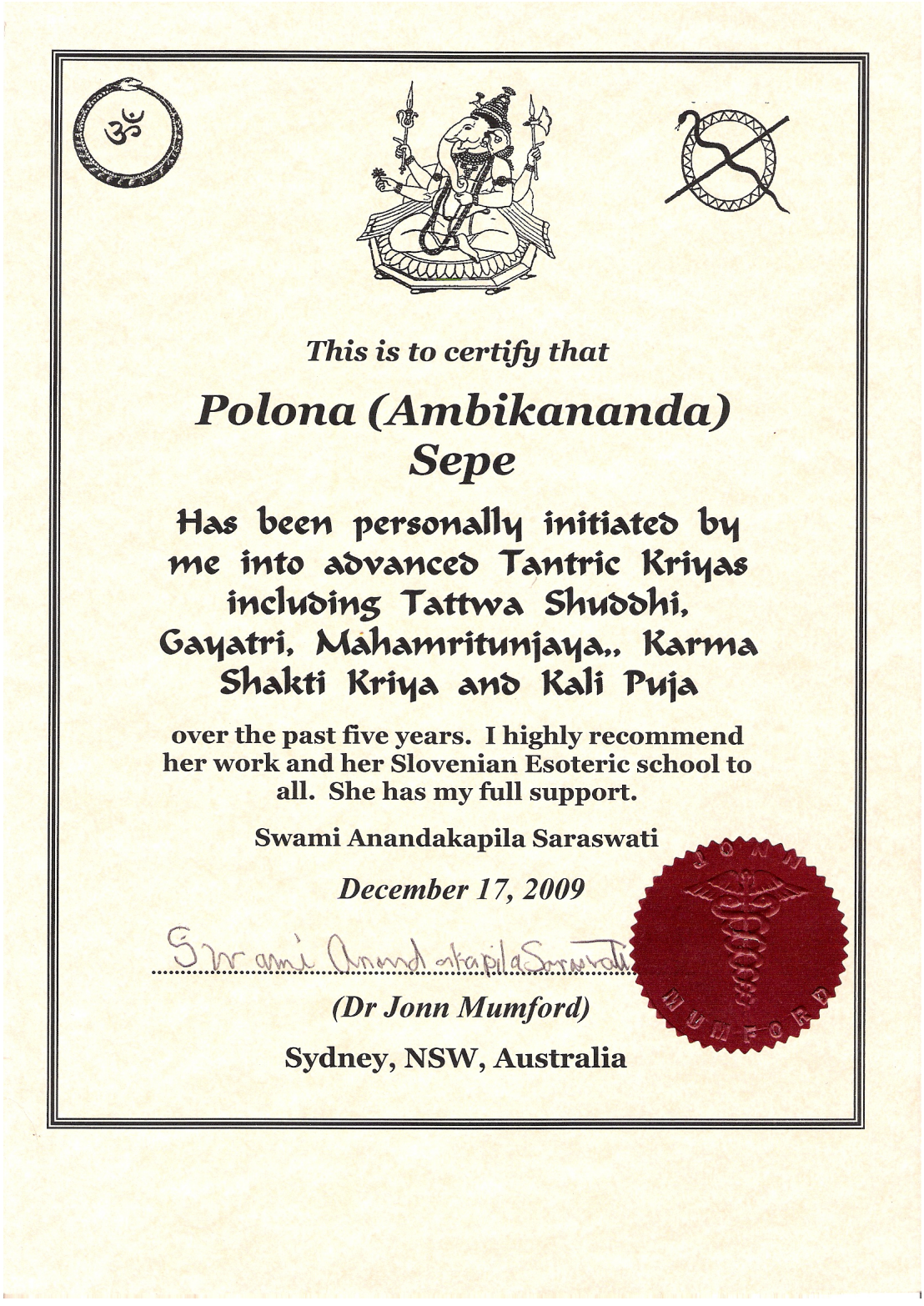
This certificate is presented to

AMBIKANANDA

For successfully completing all required coursework and training for

18 Months of Private Tuition in advanced Tantric Meditation

This 10TH Day of DECEMBER 2007 Signature Swami Anandakapila Saraswati



This is to certify that

Polona (Ambikananda) Sepe

Has been personally initiated by me into advanced Tantric Kriyas including Tattwa Shuddhi, Gayatri, Mahamritunjaya,, Karma Shakti Kriya and Kali Puja

over the past five years. I highly recommend her work and her Slovenian Esoteric school to all. She has my full support.

Swami Anandakapila Saraswati

December 17, 2009

Swami Anandakapila Saraswati

(Dr Jonn Mumford)

Sydney, NSW, Australia